

## **SOME ADVICE**

### **Be Prepared for the “Homeickness” bug**

You are coming to an unfamiliar place to live for the next 20 months.  
You are leaving familiar people, places and things that you have known for years  
You are giving up a lot to follow someone’s dream

**This is normal!**

**We all go through it to some degree or another.**

**Call on someone on the island – SOS members, faculty, family!**

**Don’t let it get the better of you!**

**Everyone on Saba wants you to succeed!**

1. Almost everything you want is available on island.
  - Products come from all over the world. Butter in tin cans on the shelf, unusual spices
  - This is a great time to experiment
2. Before you leave home check on the requirements for EACH airline you are flying with.
  - Excess luggage can be checked for additional dollars
  - Can be sent by Hassell-Free or FedEx
3. Luggage or suitcases weigh more than cardboard boxes
  - Double box for safety
  - Stuff thoroughly
  - Tape corners and edges
  - Do NOT tie with rope (airport security)
4. Pack things inside each other – i.e. socks inside shoes
5. On EVERY side of your boxes write on your name and the address of the University on Saba
  - P.O. Box 1000,
  - Church Street,
  - The Bottom
  - Saba, Netherland Antilles
6. Bring enough prescription medicine to last more than just the semester – it might not be available.
7. When you get to Saba, make your living space comfortable for you and your family.